

Comparative phytochemical screening of *Rhynchosytilis retusa* (L.) Blume from wild and *in vitro* origins: An investigation of secondary metabolites

Somaya Emrog Nayma, Md. Shahin Islam, Momena Khanam Mumu, Minhajur Rahman and Tapash Kumar Bhowmik*

Department of Botany, Faculty of Biological Sciences, University of Chittagong, Bangladesh

Abstract

Rhynchosytilis retusa (L.) Blume is a medicinal epiphytic orchid valued in traditional medicine across South and Southeast Asia. Owing to habitat destruction, overharvesting and slow natural regeneration, *in vitro* culture techniques offer a promising alternative source for bioactive metabolites. This study comparatively evaluates the phytochemical composition of naturally grown and *in vitro* propagated *R. retusa* using qualitative screening techniques. Wild plant parts (leaf, stem, root) and *in vitro* derived tissues (plantlets, shoot buds, callus and SPSs) were analyzed for alkaloids, flavonoids, terpenoids, steroids, quinones, coumarins, tannins, saponins, phlobatannins, phenols, anthraquinones and cardiac glycosides. Marked differences were observed between wild and *in vitro* samples. Roots of wild plant parts exhibited maximal (+++) accumulation of terpenoids, quinones, steroids, flavonoids and coumarins, supporting their ethnomedicinal applicability. *In vitro* derived tissues accumulated higher levels of tannins and saponins (+++), suggesting culture induced modulation of the phenylpropanoid pathway. Glycosides were absent in all samples. The study highlights the phytochemical richness of *R. retusa* and confirms that tissue culture can generate valuable secondary metabolites, positioning *in vitro* systems as sustainable sources for pharmaceutical applications.

Keywords: *Rhynchosytilis retusa*, regeneration, phytochemical screening, alkaloids, secondary metabolites

Introduction

Orchidaceae, one of the largest families of flowering plants, is renowned not only for aesthetic appeal but also for a wealth of bioactive constituents with ethnomedicinal significance [1-2]. More than 700 orchid species are used globally in traditional systems, particularly in Ayurveda, Chinese medicine and Southeast Asian folk medicine [3-4].

Rhynchosytilis retusa (L.) Blume, commonly known as the "Foxtail Orchid," is an epiphytic, monopodial species widely distributed across the Indian subcontinent. Its roots, leaves, stems and flowers are traditionally used for managing fever, rheumatism, menstrual disorders, bone fractures, inflammation and respiratory ailments [5]. Pharmacological reports indicate antioxidant, antimicrobial and anti-inflammatory potential, attributed to diverse secondary metabolites including alkaloids, terpenoids, flavonoids and phenolic compounds [6-7].

Secondary metabolites in orchids are strongly influenced by ecological niche, environmental stress, developmental stage and symbiotic interactions [8-9]. *In vitro* culture offers controlled microenvironments that may enhance or suppress specific metabolic pathways; making tissue culture an important strategy for metabolite production, conservation and biotechnology [10-11]. Differences in biosynthetic profiles between *in vitro* and naturally grown orchids have been widely reported [12-13].

Despite its medicinal relevance, systematic phytochemical comparisons between wild and *in vitro* *R. retusa* remain rare. Understanding such differences is essential for establishing *in vitro* systems as viable alternative sources of bioactive compounds.

Materials and Methods

Plant materials

Wild specimens of *Rhynchosytilis retusa* were collected from Mirsarai, Chattogram, Bangladesh. The species is characterized by a stout stem, distichous strap-shaped leaves

and drooping racemose inflorescences with violet-tinged flowers [14].

In vitro culture

In vitro tissues, including callus, shoot buds, shoot primordia-like structures (SPSs) and plantlets, were developed on different media *viz.* MS [15], PM [16], VW [17] and KC [18] media supplemented with various concentrations and combinations of auxins and cytokinins. Surface sterilization of capsules for seed germination was performed using 0.2% HgCl₂ and 70% ethanol.

Phytochemical screening

Air-dried, powdered plant materials (wild leaf, stem, root and *in vitro* tissues) were extracted in methanol. Qualitative screening was performed using the following standard protocols:

- **Alkaloids:** Detected using Dragendorff's, Hager's, Mayer's, Wagner's and Tannic acid reagents [19-21].
- **Phlobatannins:** Detected by boiling extract with 1% aqueous HCl [22].
- **Flavonoids:** Ammonia test [22].
- **Saponins:** Frothing test [23].
- **Tannins:** Ferric chloride test [24].
- **Terpenoids and Steroids:** Salkowski test using chloroform and concentrated sulphuric acid [25].
- **Anthraquinones, Quinones and Coumarins:** Standard colorimetric tests [26].
- **Phenols:** Ferric chloride test [27].
- **Proteins:** Copper sulphate and ethanol test [28].
- **Cardiac Glycosides:** Glacial acetic acid and ferric chloride test [29].

Results

Alkaloid presence

Qualitative analysis confirmed the presence of alkaloids in both wild and *in vitro* tissues.

Wild plant parts: Roots exhibited the highest response (+++) to all five reagents. Stems also showed significant presence (+++), while leaves showed moderate to high reactions, particularly with Hager's and Tannic acid reagents (Table 1).

Table 1: Qualitative test for alkaloids of *Rhynchosytilis retusa* (Wild plant parts)

Plant Parts	Qualitative estimation of alkaloids by different reagents				
	D	H	M	W	T
Leaf	++	+++	++	++	+++
Stem	+++	+++	+++	++	+++
Root	+++	+++	+++	+++	+++

Notes: Name of the reagents; D- Dragendroff's reagent, H-Hager's reagent, M-Mayer's reagent, W-Wagner's reagent and T- Tannic acid reagent

In vitro Tissues: Shoot primordia-like Structures (SPSS) displayed the highest alkaloid intensity (+++) among cultured tissues, comparable to wild roots. Callus tissue showed high responses to Mayer's and Hager's reagents, while shoot buds exhibited moderate (++) precipitation across all reagents (Table 2).

Table 2: Qualitative test for alkaloids of *R. retusa* (*In vitro* plant parts)

<i>In vitro</i> Plant Parts	Qualitative estimation of alkaloids by different reagents				
	D	H	M	W	T
Callus	++	+++	+++	++	+++
Shoot bud	++	++	++	++	++
SPSS	+++	++	+++	+++	+++

Non-Alkaloid secondary metabolites

The distribution of other secondary metabolites varied significantly between wild plant parts and *in vitro* plantlets (Table 3).

Wild plant parts: Roots were the most chemically diverse, containing high amounts (+++) of terpenoids, quinine, steroids, coumarins and flavonoids. Stems also contained high levels of terpenoids, coumarins and flavonoids. Leaves contained moderate (++) amounts of terpenoids, quinine and flavonoids but lacked anthraquinones and glycosides.

In vitro plantlets: Notably, *in vitro* developed plantlets synthesized the highest amounts (+++) of saponins and tannins, surpassing the levels found in wild samples. They showed moderate (++) levels of terpenoids, quinine, steroids and flavonoids. However, coumarin and anthraquinone levels were lower (+) compared to wild roots and glycosides were absent.

Table 3: Comparative qualitative phytochemical analysis

Phytochemical	Wild Plant Parts			<i>In vitro</i> Plantlets
	Leaf	Stem	Root	
Terpenoids	++	+++	+++	++
Steroids	+	++	+++	++
Coumarin	++	+++	+++	+
Flavonoids	++	+++	+++	++
Saponins	+	++	++	+++
Tannins	+	+	++	+++
Anthraquinones	-	+	+	+
Glycosides	-	-	-	-

Discussion

The study successfully established that *Rhynchosytilis retusa* maintained under *in vitro* conditions retains the capacity to synthesize a broad spectrum of secondary metabolites. This aligns with findings by Molyneux *et al.* [30], who noted that orchids contain diverse phytochemicals including alkaloids, triterpenoids and flavonoids.

The ubiquitous presence of alkaloids across all tested samples, with particularly high accumulation in wild roots and *in vitro* SPSSs, suggests active biosynthesis during organogenesis. This is consistent with observations in other medicinal orchids; for instance, Shrestha *et al.* [31] reported positive results for alkaloids and flavonoids in *Dendrobium amoenum*. Similarly, Banerjee *et al.* [32] conducted pharmacognostical evaluations of *Dendrobium ochreatum*, confirming the therapeutic potential of specific plant parts.

A key finding of this research is the elevated production of saponins and tannins in *in vitro* plantlets. It is hypothesized that the specific culture conditions, potentially the stress exerted by PGRs or the artificial environment, may up regulate the pathways responsible for these defense compounds. This phenomenon supports the findings of Bhowmik *et al.* [33], who observed sporadic and uneven occurrence of secondary metabolites in *Spathoglottis plicata* parts, indicating that tissue type and developmental stage significantly influence chemical profiles.

The absence of glycosides in *R. retusa* samples contrasts with their presence in other subfamilies, such as in *Vanilla planifolia*, which is famed for its glycoside vanillin [34-35]. However, the detection of coumarins and flavonoids in *R. retusa* underscores its potential antioxidant and anti-inflammatory properties, validating its traditional use in treating inflammation and skin diseases [36].

Conclusion

This comparative investigation confirms that *in vitro* propagation is a viable strategy for conserving *Rhynchosytilis retusa* without compromising its phytochemical value. While wild roots remain superior sources of terpenoids and coumarins, *in vitro* plantlets show enhanced potential for saponin and tannin production. These findings concrete the way for utilizing micropropagation not only for conservation but also for the controlled production of bioactive compounds for pharmaceutical applications.

Acknowledgements

The authors gratefully acknowledge the Ministry of Science and Technology, Government of the People's Republic of Bangladesh, for providing the financial support necessary to conduct this research through a special grant. We also extend our sincere appreciation to the Plant Tissue Culture and Biotechnology Laboratory, Department of Botany, Faculty of Biological Sciences, University of Chittagong, for providing the essential resources and logistical support required for the study.

Conflicts of interest

Authors declared that they have no conflict of interest.

References

- Chase MW, Cameron KM, Freudenstein JV, Pridgeon AM, Salazar G, van den Berg C, *et al.* An updated classification of Orchidaceae. Botanical Journal of the Linnean Society, 2015;177(2):151-174.

2. Chugh S, Guha S, Rao IU. Micropropagation of orchids: A review on the recent advances and outstanding problems. *Scientia Horticulturae*,2009;122(4):507–529.
3. Paudel S, Bhargava A, Gupta YK. Hepatoprotective activity of hydro-alcoholic extract of *Dendrobium ovatum* (Willd.) leaf against paracetamol induced hepatotoxicity in rats. *International Journal of Pharmaceutical Sciences and Research*,2012;3(6):1667–1671.
4. Hossain MM. Traditional therapeutic uses of some indigenous orchids of Bangladesh. *Medicinal and Aromatic Plant Science and Biotechnology*,2009;3(1):11–16.
5. Borah N, Khound J, Bhuyan S, Tamuli A. Phytochemical screening and *in vitro* antioxidant activity of *Rhynchostylis retusa* (L.) Blume. *International Journal of Pharmaceutical Sciences and Research*,2015;6(8):3357–3362.
6. Nguyen PT, Le TM, Tran NK. Enhanced production of flavonoids and phenolics in protocorm-like bodies of *Vanda tessellata* (Roxb.) Hook. ex G. Don by biotic elicitation. *Plant Cell, Tissue and Organ Culture*,2022;149(3):455–468.
7. Gladies R, Sangeetha R, Ponnusami V. Enhanced production of novel alkaloids in *in vitro* cultures of *Dendrobium* species by elicitation. *Plant Cell, Tissue and Organ Culture*,2019;139(2):251–260.
8. Cazar M, Coronel-Salas G, Quichimbo P, Tello-Aguilar B, Sanmartín F. Comparison of enzymatic and non-enzymatic antioxidant compounds and antibacterial activities between *in vitro* cultured seedlings and Orchidarium plant specimens of *Epidendrum secundum* Jacq. *Plant Cell, Tissue and Organ Culture*,2023;152:345–356.
9. Pant P, Raskoti B, Sharma S. Phytochemical screening and antibacterial activity of three medicinal orchids from Nepal. *Journal of Pharmacognosy and Phytochemistry*,2016;5(3):102–108.
10. Faria A, Silva R, Oliveira L. Comparative analysis of phenolic compounds in *Cattleya* species using HPLC. *Journal of Pharmacognosy and Phytochemistry*,2013;2(3):45–51.
11. North G, Allen D, Reynolds P. Enhanced production of alkaloids in *in vitro* cultured orchids. *Plant Cell, Tissue and Organ Culture*,2012;111(3):450–460.
12. Castillo-Pérez LJ, Martínez-Soto D, Fortanelli-Martínez J, Carranza-Álvarez C. Asymbiotic seed germination, *in vitro* seedling development, and symbiotic acclimatization of the Mexican threatened orchid *Stanhopea tigrina*. *Plant Cell, Tissue and Organ Culture*,2021;146(2):249–257.
13. Mishra A, Saklani S. Conservation strategies of threatened and endangered orchids: A review. *Journal of Pharmacognosy and Phytochemistry*,2012;1(3):36–41.
14. Win TZ, Shein MS. Taxonomic study on eight selected species of family Orchidaceae in southern part of Kalama Taung reserved forest, Paung Township, Mon State. *Journal of the Myanmar Academy of Arts and Science*,2018;16(4):347–362.
15. Murashige T, Skoog F. A revised medium for rapid growth and bio assays with tobacco tissue cultures. *Physiologia Plantarum*,1962;15:473–497.
16. Arditti J. Clonal propagation of orchids by means of tissue culture: A manual. In: Arditti J (ed.), *Orchid Biology: Reviews and Perspectives*, I. University Press, Ithaca, New York, 1977, 114–125.
17. Vacin E, Went F. Some pH changes in nutrient solution. *Botanical Gazette*,1949;110:605–613.
18. Knudson L. For orchid seedlings in culture. *American Orchid Society Bulletin*,1946;15:214–217.
19. Crowm Well BT. In: *Modern Methods of Plant Analysis*. Paech K, Tracey MV (eds.). Springer-Verlag, Berlin, 1955.
20. Webb LJ. An Australian phytochemical surveys. I. Alkaloids and cyanogenetic compounds in Queensland plants. *CSIRO Bulletin*, 1949, 241.
21. Aplin TE, Cannon JR. Distribution of alkaloids in some Western Australian plants. *Economic Botany*,1971;25(4):366–380.
22. Edeoga HO, Okwu DE, Mbaebie BO. Phytochemical constituents of some Nigerian medicinal plants. *African Journal of Biotechnology*,2005;4(7):685–688.
23. Kapoor LD, Singh A, Kapoor SL, Srivastava SN. Survey of Indian plants for saponins, alkaloids and flavonoids. *Lloydia*,1969;32:297–304.
24. Harborne JB. *Phytochemical Methods*. Chapman and Hall Ltd., London, 1973, 49–188.
25. Kolawole OM, Makinde AA, Olajide OA. Phytochemical and antimicrobial activity of *Cassia senna* L. *African Journal of Biomedical Research*,2006;9(3):234–237.
26. Sofowara A. *Medicinal Plants and Traditional Medicine in Africa*. Spectrum Books Ltd., Ibadan, Nigeria, 1993, 191–289.
27. Soloway S, Wilen SH. Improved ferric chloride test for phenols. *Analytical Chemistry*,1952;24(6):979–983.
28. Gahan PB. *Plant Histochemistry and Cytochemistry: An Introduction*. Academic Press, London, 1984.
29. Kaffoor HA, Arumugam A, Kumar S. Phytochemical screening and antibacterial activity of *Vanda testacea* (Lindl.) Rchb.f. *International Journal of Current Microbiology and Applied Sciences*,2016;5(6):653–658.
30. Molyneux RJ, Lee ST, Gardner DR, Panter KE, James LF. *Phytochemicals: The chemical components of plants*. In: *Bioactive Compounds in Foods*. Blackwell Publishing, 2007.
31. Shrestha BR, Devkota HP, Koki S. Phytochemical screening of some medicinal plants of Nepal. *International Journal of Applied Sciences and Biotechnology*,2015;3(2):191–195.
32. Banerjee S, Singh A, Singh S. Pharmacognostical and phytochemical evaluation of *Dendrobium ochreatum* Lindl. *Journal of Pharmacognosy and Phytochemistry*,2018;7(2):123–128.
33. Bhowmik TK, Rahman M, Rahman MM. Comparative phytochemical investigation of natural and *in vitro* raised plant parts of *Spathoglottis plicata* Blume: A terrestrial medicinal orchid of Bangladesh. *International Journal of Botany Studies*,2020;5(6):223–228.
34. Arditti J. *Fundamentals of Orchid Biology*. John Wiley, Sons, New York, 1992.
35. Pak FE, Groppe J, Matzke M, Chmier H, Schnarrenberger C, Martin W, *et al.* Phylogeny of the Orchidaceae based on nuclear and plastid DNA sequences. *Journal of Plant Research*,2004;117:205–221.
36. Akhter S, Huda MK, Hoque MM. Ethnomedicinal studies of some orchids in the south-eastern region of Bangladesh. *Journal of Bio-Science*,2017;25:1–9.