



## **Grappler Rajender Kumar: A case study**

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### **Abstract**

The purpose of the study was to highlight the contributions and achievement of Arjuna Awardee Sh. Rajender Kumar in the field of sports and distinguished features of his life a case study has been designed in which historical, biographical, analytical and interpretive methods were utilized. Data/information for this investigation was derived from the primary and secondary sources. The data for investigation were derived from personal records, pictorial records and published material. Interview technique was used to obtain responses and reactions about Arjuna Awardee Shri Rajender Kumar from selected eminent sports persons from Haryana state, his personal Coach Sh. Shamsher Singh Dhull and his family members. Sh. Rajender Kumar represented his school, college, university, his state in os many tournaments and brought honor. He has represented India in international tournaments more than 20 times. In the 2010 Commonwealth Games, Kumar won a gold medal by beating Pakistan's Azar Hussain by 11-0 in the final of the 55 kg Greco-Roman wrestling competition final on 6 October 2010. He was honored with Arjuna Award in 2012.

**Keywords:** arjuna award, historical, biographical, analytical

### **Introduction**

Wrestling is form of combat sports involving grappling type techniques such as clinch fighting, throws and takedown, joint locks and other grappling holds. A wrestler bout is a physical competition, between two competitors or sparring partners who attempt to gain and maintain a superior position. There is wide range of styles with varying rules with both traditional historic and modern styles. Wrestling in India is being run and managed by a number of associations at the state and national level. The national body for Wrestling in India, the Wrestling Federation of India (WFI) came into existence in 1967. Wrestling dates back to ancient Olympic Games. When the modern Olympic began in 1896, wrestling was one of the events that was brought back. For the 1896 games, Greco-Roman was the only form of the sport there was a competition for and there was no weight class for that tournament. When the Olympics returned four years later, wrestling was not a part of those games. Wrestling returned in 1904 but it was Freestyle only and there were competitions in several weight classes. In 1908, Greco-Roman returned with weight classes and ever since both styles of wrestling have been a part of the Olympics. In 2012, it was announced that starting with the 2020 Olympics, wrestling would no longer be a core Olympic sport.

### **Methodology**

A case study was designed to investigate the contribution and achievements of Shri Rajender Kumar towards sports in the country and also to study his philosophy with regard to sports as a profession in India, his quality as a player, his contribution to the game of wrestling at national and international level, a case study has been assigned in which historical, biographical analytical and interpretive methods were utilized. Data/information for this investigation were

derived from the primary and secondary sources i.e. personal records, pictorial records and published material.

Investigator personally contacted Arjuna Awardee Shri Rajender Kumar for the interview by taking prior appointments with him. The interview was conducted on two days on 6th and 7th July 2013 at his residence in village Umri, Kurukshetra. To get a deeper insight into Arjuna Awardee Sh. Rajender kumar - the man, his wife, two sisters, one younger brother and mother were interviewed. Much information of his professional life was gathered through interviews with his coach Sh. Shamsher Singh Dhull, and some of his former associates and colleagues. The focus of the interview was mainly around his family background, his parents encouragement, his school education, his coaches and team mates who molded him, his achievement in Wrestling in school, college, University and national level, his marriage with Swati, His carrier as wrestling player in police organization, international carrier in wrestling as player, his contribution to wrestling in official capacity.

### **Sports Carrier of Arjuna Awardee Sh. Rajender Kumar**

Participated in Asia Senior Wrestling Championship-2008 held at Korea.

Participated in International Tournament-2009 held in Colorado Springs, USA.

Participated in International Tournament-2009 held in Germany.

Participated in International Tournament-2009 held in Italy.

Gold medal in Common Wealth wrestling championship-2009 held at Jalandhar.

Participated in World Senior wrestling Championship-2009 held in Denmark.

Silver medal in Asia Senior National Championship Delhi.

Bronze medal in International Tournament-2010 held at

Hungary.

Participated in World Wrestling Championship-2010 held in Masco, Russia.

Gold Medal in Common Wealth-2010 held in Delhi.

Participated in Asian Games-2010 held in Gongju China.

Participated in wrestling World Cup-2010 in Azerbaijan.

Participated in Senior Asia wrestling Championship-2011 in Uzbekistan.

Gold medal in Common Wealth wrestling Championship-2011 held at Australia.

Gold medal in International Tournament-2012 held in Colorado Springs, USA.

Bronze medal in Olympic qualify Tournament-2012 held at Kazakhstan.

Participated in World Olympic qualify Tournament-2012 held in China.

### **Results and Discussion**

To assess the different dimensions of Arjuna Awardee Sh. Rajender Kumar's personality, interview technique was used. The investigator selected few eminent sports persons from Haryana state, his personal Coach Sh. Shamsheer Singh Dhull and his family members were chosen. Data/information collected through primary and secondary sources were analyzed qualitatively, which was facilitated through the use of external and internal criticism.

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